

Monday	Tuesday	Wednesday	Thursday	Friday
Morning Check-in 2 Wheel of Fortune Exercise Washer Toss	Morning Check-in 3 Wacky Words & Blank Slate Exercise Shuffle Board	Morning Check-in 4 Card Games Exercise Table Games	Morning Check-in 5 Rumoli & Uno Exercise Bean Bag Game	6
Morning Check-in 9 Jepoardy Exercise Golf	Morning Check-in 10 Norma & Jerry Brain Games Exercise Blank Slate	Morning Check-in 11 Dice & Krohinole Exercise Balloon Volleyball	Morning Check-in 12 Tongue Twisters Exercise Putting Practice	13
Morning Check-in 16 Luck of the Irish Slots Exercise Irish BINGO	Morning Check-in 17 St Patrick's Day Exercise All things GREEN	Morning Check-in 18 Paint Class Exercise Dot to Dot	Morning Check-in 19 Norma & Jerry Brain Puzzles Exercise Corn Hole	20
Morning Check-in 23 Crosword Puzzles Exercise Add the Colour	Morning Check-in 24 Family Fued Exercise Balloon Hockey	Morning Check-in 25 UNO & Dominos Exercise Spot the Difference	Morning Check-in 26 Spring Wheel of Fortune Exercise BINGO	27
Morning Check-in 30 Young At Heart Singers Exercise Word Search	Morning Check-in 31 Discussion: The Order of Canada with Tim Exercise Target Practice	 <h1>March 2026</h1>		

** ADP (Adult Day Program) - Activities Subject to change due to client attendance